

Our Services

Our dynamic treatment team enables us to offer a range of services on-site, including:

- Diagnostic assessments
- Psychiatric assessments and medication management
- Individual psychotherapy for children, adolescents, and adults
- Family and couples therapy
- Parent coaching and behavioral management training
- Group therapy and skills training
- Cognitive, behavioral, personality, and academic evaluations
- Educational seminars and conferences

We diagnose and treat a variety of emotional and behavioral disorders, with an emphasis on:

- Autistic Spectrum Disorders, Asperger's Disorder
- Pervasive Developmental Delay
- Depression and other mood disorders
- Anxiety disorders, Obsessive Compulsive Disorder
- Attention-Deficit/Hyperactivity Disorder (ADHD)

Free Seminars

Parenting Seminar

Managing Common Problem Behaviors in Children

Date: Monday, February 23

Time: 7:00 – 8:00 pm

Worry and Anxiety in Youth

Recognizing and Addressing Symptoms in Your Child

Date: Wednesday, February 25

Time: 7:00 – 8:00 pm

Free seminars held at The Prairie Clinic. Limit 12 attendees. First come, first serve. Call now! RSVP to Denise at (630) 845-9644.

Our Treatment Team

Tim Wahlberg, Ph.D.
Angel Heredia, M.D.
Lisa Konick, Ph.D.
Jon Warshawsky, Ph.D., NCSP
Bethany Genebacher
Stephanie Turner
Talitha Mueller

THE PRAIRIE CLINIC

Group Therapy Schedule

February 2009



Family Mental Health and
Developmental Disorders

1541 East Fabyan Parkway
Suite 101
Geneva, IL 60134

Tel: (630) 845-9644
Fax: (630) 845-9678

Email: wahlbergservice@sbcglobal.net

Group Therapy

Group therapy is an integral component of our treatment. The Prairie Clinic offers a variety of group interventions for children, adolescents, young adults, and parents. All groups are 1 hour sessions.

SOCIAL SKILLS GROUPS

We offer a variety of groups for pre-school, elementary, middle, high school and college students who are struggling with social interactions and peer relationships.

- ❖ Young Children (meets weekly)
Two age groups (Ages 3 – 6 or Ages 6 – 8)
Wednesdays, 6 pm, or Saturdays, 9 am
- ❖ Young Boys (Ages 8 – 11) – 2 groups
Alternating Mondays, 5 pm
- ❖ Middle School Boys (Ages 11 – 14) – 3 groups
Alternating Mondays or Thursdays, 6 pm
- ❖ High School Boys (Ages 15 – 18) – 2 groups
Alternating Mondays or Thursdays, 7 pm
- ❖ College Students
Alternating Tuesdays, 7 pm
- ❖ Girls (Ages 8 – 16) – 3 groups
Alternating Tuesdays or Thursdays, 6 pm

NEW! BEGINNING MARCH 3:

PARENTING GROUPS

Educational groups for parents of elementary or middle school-aged children who are interested in more effective tools to manage problem behaviors and provide emotional support to their children.

- ❖ Alternating Mondays or Thursdays, 7 pm

SIBLING SUPPORT GROUP

A special group for siblings (aged 9-13) of children with emotional or behavioral disorders that provides a place to openly discuss problems and concerns.

- ❖ Every other Tuesday, 7 pm

ANXIETY AND STRESS MANAGEMENT

High school and middle school students learn effective techniques to recognize and manage stress, worry, and anxiety.

- ❖ Alternating Wednesdays, 7 pm

Contact us for:

- A complimentary telephone consultation
- An individual, family or group appointment
- Information on groups and up-coming speaking engagements
- Information on Autism or Asperger's Disorder
- Bibliography of related articles that can help (e.g. autism, infertility, neurological irregularities, depression, anxiety)
- Information on free educational seminars at our location

Registration

All groups are held at The Prairie Clinic. For more information, contact our office at (630) 845-9644.

E-mail: wahlbergservice@sbcglobal.net